

## **Awards for Runners & Walkers**

Awards will be issued to the top 3 overall male and female finishers, the top three runners and the top three walkers in each of the following age groups

10 and under,  
11-14, 15-19,  
20-29, 30-39,  
40-49, 50-59,  
60-69  
70 & Over

## **Door Prizes**

For pre-registered participants.  
Must be present to win.

**Race times will be available at:**

[www.cantstoprunningco.com](http://www.cantstoprunningco.com)

**Covington Outreach Association (COA)**  
outreach ministries  
for the Village  
of Covington:

## **Community Food Pantry**

**Emergency Assistance**  
(Utilities / Rent)

## **COA Programs:**

Back2School  
Adopt-a-Child Christmas  
Senior Citizens "Shut-In"  
Christmas

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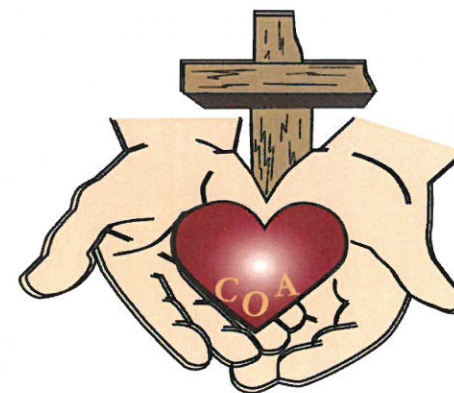
## **The COA**

### **is supported by:**

CornerStone Dunkard -  
Brethren Church  
Covington Church of the Brethren  
Covington Christian Church  
Covington Presbyterian Church  
Friendship Grace Brethren Church  
Friedens Lutheran Church  
Old German Baptist-  
New Conference Church  
St. John's Lutheran Church  
St. Teresa of the Infant Jesus  
Catholic Church  
Stillwater Community Church

# **11th Annual COA 5K Run/Walk**

**River Run "Under the Trees"**



**July 14, 2018  
8:00 a.m.**

(Same day race registration  
7:00 a.m.)

Sponsored by:  
**Covington Outreach  
Association, Inc.**

P.O. Box 125  
Covington, Ohio 45318  
(937) 473-2415

[coadirector.125@gmail.com](mailto:coadirector.125@gmail.com)  
Facebook -  
Covington Outreach Association

**ENTRY FORM - 11th ANNUAL COA 5K Run/Walk**

**Location**

\*Beginning and ending at  
Stillwater Community Church  
7900 W. Sugar Grove Rd.  
(corner of Owens and Sugar  
Grove Rd. - also known as  
"Lover's Lane")  
Covington, OH 45318

**Run/Walk Route**

A 5K route is 3.1 miles.  
The run or walk route  
will be timed  
by [www.cantstoprunningco.com](http://www.cantstoprunningco.com)

**Entry Fee**

\$15.00 advance registration  
due by June 20, 2018  
for both running and walking  
events - includes T-shirt.

\$20.00 race day registration  
for both walking and running  
events - no T-shirt.

**Pre-registration can be  
sent by mail to:**

Covington Outreach  
Association  
P.O. Box 125  
Covington, OH 45318

Cut here.....

Name \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

Birthdate \_\_\_\_\_ I plan to: Run \_\_\_\_\_ or Walk \_\_\_\_\_

*Please choose one  
(Walk & Run will be considered Running)*

Adult Shirt Size S M L XL XXL No t-shirt \_\_\_\_\_

**Waiver of Liability**

I intending to be legally bound, for myself, my heirs, next of kin, executors and administrators, voluntarily assume all risks of accident or injury and release and forever discharge, indemnify and hold harmless the Covington Outreach Association, Covington, Ohio and all employees, officers, sponsors and agents (collectively the "released parties"), from any and all liability for personal injury or property damage of any kind sustained during the Covington Outreach Association 5K Run/Walk 2018 whether such personal injury or property damage is caused by the gross negligence or carelessness of the released parties. I have full knowledge of the risks involved and attest that I am physically fit and sufficiently trained to participate in the athletic event. I grant permission to all foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legal purpose. NO ROLLERBLADES, BICYCLES OR SKATES. Pets permitted if on leash.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

*(Parent's signature required if participant is less than 18 yrs. old)*

*Make checks payable to Covington Outreach Association*

**Mail with completed form to:**

P.O. Box 125  
Covington, OH 45318

**Or Drop-off Registration to:**

Church of the Brethren Office  
101 N. Wall Street  
Covington, OH 45318