

Awards for Runners & Walkers

Awards will be issued to the top 3 overall male and female finishers, the top three runners and the top three walkers in each of the following age groups

10 and under,
11-14, 15-19,
20-29, 30-39,
40-49, 50-59,
60-69
70 & Over

Door Prizes

For pre-registered participants.
Must be present to win.

Race times will be available at:

www.speedy-feet.com



Covington Outreach Association (COA)
outreach ministries
for the Village
of Covington:

Community Food Pantry

Emergency Assistance
(Utilities / Rent)

COA Programs:
Back2School Program
Adopt-a-Child Christmas
Senior Citizens "Shut-In"
Christmas

The COA is supported by:
Covington Church of the Brethren
Covington Christian Church
CornerStone Dunkard -
Brethren Church
Fields of Grace Worship Center
Friendship Grace Brethren Church
Friedens Lutheran Church
Old German Baptist-
New Conference Church
Covington Presbyterian Church
St. John's Lutheran Church
St. Teresa of the Infant Jesus
Catholic Church
Stillwater Community Church

9th Annual COA 5K Run/Walk "By the River"



**July 16, 2016
8:00 a.m.**

(Same day race registration
7:00 a.m.)

Sponsored by:
**Covington Outreach
Association, Inc.**

P.O. Box 125
Covington, Ohio 45318
(937) 473-2415

coadirector.125@gmail.com
www.covingtonoutreach.org

ENTRY FORM - 9th ANNUAL COA 5K Run/Walk

Name _____ Age _____ Gender _____

Address _____ City _____ Zip Code _____

Telephone _____ E-mail _____

Birthdate _____ I plan to: Run _____ or Walk _____

*Please choose one
(Walk/Run will be considered Running)*

Adult Shirt Size S M L XL XXL No t-shirt _____

Waiver of Liability

I intending to be legally bound, for myself, my heirs, next of kin, executors and administrators, voluntarily assume all risks of accident or injury and release and forever discharge, indemnify and hold harmless the Covington Outreach Association, Covington, Ohio and all employees, officers, sponsors and agents (collectively the "released parties"), from any and all liability for personal injury or property damage of any kind sustained during the Covington Outreach Association 5K Run/Walk 2016 whether such personal injury or property damage is caused by the gross negligence or carelessness of the released parties. I have full knowledge of the risks involved and attest that I am physically fit and sufficiently trained to participate in the athletic event. I grant permission to all foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legal purpose. NO ROLLERBLADES, BICYCLES OR SKATES. Pets permitted if on leash.

Signature _____ Date _____

Signature _____ Date _____

(Parent's signature required if participant is less than 18 yrs. old)

Make checks payable to Covington Outreach Association

Mail with completed form to:

P.O. Box 125
Covington, OH 45318

Or Drop-off Registration to:

Church of the Brethren Office
101 N. Wall Street
Covington, OH 45318

Location

*Beginning and ending at
Stillwater Community Church
7900 W. Sugar Grove Rd.
(corner of Owens and Sugar
Grove Rd. - also known as
"Lover's Lane")
Covington, OH 45318

Run/Walk Route

A 5K route is 3.1 miles.
The run or walk route
will be timed
by www.speedy-feet.com

Entry Fee

\$15.00 advance registration
due by July 5, 2016
for both running and walking
events - includes T-shirt.

\$20.00 race day registration
for both walking and running
events - no T-shirt.

**Pre-registration can be
sent by mail to:**

Covington Outreach
Association
P.O. Box 125
Covington, OH 45318

Cut here.....